



Amalia Ixmale Forest

Maya Massages & Facials

The effectiveness of healing from relaxing massages has been recorded since very ancient times. The Maya people know that massages are a form of deep treatment which rebalance our inner systems & release muscular tension & fatigue, thus reviving our subtle energies. The strength & fragrance of essential herbs enhance the power of healing & serve to harmonize the emotions, the mind, the body & spirit.

You are among the select people invited to experience Amalia's Maya Massages & Rejuvenating Facials. Red Wind Councils of Santa Fe & Boston are proud to host 4th generation Maya "Sobandera" (masseur/healer), Amalia, Ohki's daughter. Continuing the hands-on healing traditions of her father, Eliberto & his grandmother, Doña Consuelo, Amalia's great skills bring relief & renewal for deep healing & replenishment of your body & spirit. This is a rare opportunity you won't want to miss!

Amalia offers:

Deep Massages - Relaxing, regenerative & restorative. \$65 for 1 hr & 10 min

Choice of a full Massage, or specific body areas for treatments. Choice of Relaxing, Energizing or Healing therapeutic massage oils, such as Basil, Rosemary, Clary Sage & Lavender among others.

Facials - Rejuvenating, hydrating & purifying. \$55 for 50-60 min

All Facials include a facial exfoliation with Maya rejuvenating herbs & Nopal scrub, your choice of one of the facials below, & a honey, herbal & rose facial cream with a light facial massage to end your treatment.

Choice of Facials:

1) **Maya Chocolate Mask with Grapeseed oil & Honey**

Benefits: lifts your spirit, is anti-oxidant, rejuvenating, helps with cellular oxygenation. Detoxifies & firms, leaves you with smooth, glowing skin.

2) **Pure Clay Mask from the Maya land with Herbal Essences**

Benefits: tightens, lifts & firms tired skin. Rejuvenate & cleanse the pores & pimples for a purified, fresh look. Herb Essential Oils such as Basil, Rosemary, Sage & Lavender enliven dull skin, improve skin tone, & uplift your mind & spirit

3) **Special Maya Clay Mask with organic Olive oil & Honey**

Benefits: provides deep nourishment & hydration, is anti-oxidant. Rejuvenates & firms, giving you a youthful look.

Treat yourself to Amalia's deep regenerative Massages & to her unique Maya rejuvenating Facial treatments. Relax in the fragrant aromas of high quality, soothing herbal products from Chiapas & refresh your entire being under Amalia's expert hands.

Reservations are limited, so call soon for an appointment.

Facials for Men & Women / Massages for Women Only

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